

EMERGENCY ACTION - CHECKLIST

PREPAREDNESS

ALWAYS - Carry Oxygen - First Aid kit - Diving Emergency Hand Book
ONE VEHICLE - Back Seat down - As Ambulance
FRESH OXYGEN

MANAGEMENT

SENIOR DIVER - Acts as co-ordinator / Keeps Records
UNLESS MINOR - Get patient to hospital - ASAP
SEND BUDDY- Helper and records

TREATMENT

PRIORITIES - Airway - Breathing - Circulation
EAR/ECC - One rescuer 2:15 - Two rescuer 2:15
SHOCK - ABC- Elevate legs - Reassure - Monitor
VOMITING - Clear airway - Recovery position
BLEEDING - Direct pressure (pads) - Elevation - Shock?
BROKEN BONES - Immobilise - Shock? - Monitor
OXYGEN - USE IT DON'T TRY TO ECONOMISE

DIVING RELATED

IN WATER - Provide buoyancy
NEAR DROWNING - Oxygen - Shock - monitor - HOSPITAL
DCS/BURST LUNG - If you suspect - treat !
DCS - Oxygen - Elevate legs - Shock - Monitor
BURST LUNG - Oxygen - Elevate legs - Shock - Monitor - DON'T LIFT HEAD
BURST EARDRUM - Clean dressing - HOSPITAL
DIADEMA SPINES - Antiseptic - Do not try removing !
VENOMOUS SPINES - Hot water 50 degree Isotonic drinks - Monitor
LOST DIVERS - Mark position - recall - search

TEMPERATURE

HEAT EXHAUSTION - Shade - Wet T-shirt - Isotonic drinks
SUNBURN - Shade - Calamine - After sun - Isotonic drinks
HYPOTHERMIA - Stop wind chill - Evaporation - Keep warm

FATALITY

Seize and seal equipment for investigation, if possible, take any statements.

EMERGENCY TEL NOS.

POLICE - AMBULANCE 999
HM COASTGUARD MARINE RADIO CHANNEL 16
R N DIVING EMERGENCY SERVICE (DCS) 07831 151523

ALL ACCIDENTS / INCIDENTS INFORM D.O. ASAP

TO SEND A DISTRESS CALL

SWITCH ON POWER SUPPLIES
SWITCH ON RADIO SELECT CHANNEL 16
PUSH - PRESS TO TRANSMIT, SLOWLY AND DISTINCTLY SAY
MAYDAY - MAYDAY - MAY DAY (IF Life threatening)
PAN PAN MEDICO (for medical assistance)
THIS IS (Callsign)MAYDAY (Callsign)
POSITION (Lat and Long or bearing and distance from a well defined charted object)
GIVE NATURE OF DISTRESS
ASSISTANCE REQUIRED
AMPLIFYING INFORMATION - OVER
THEN RELEASE PRESS TO TRANSMIT SWITCH AND LISTEN FOR A REPLY &
FOLLOW INSTRUCTIONS

EMERGENCY NOTES

SITE PLAN

Record bearings - Transits - Any surface or sub sea features of interest and or Aids to relocation

